

HENRY GENNER



QUALIFICATIONS

- BMC Fundamentals 1, 2

ABOUT ME

I've been climbing for four years, after moving to Leeds and discovering the wealth of grit and limestone climbing the Dales and Peak have to offer.

I've spent the last year and a half coaching both adult and youth climbers. I've started my route setting journey, and I love being on a rope as much as on a boulder wall..

WHAT CAN I DO FOR YOU?

I can help you develop the fundamentals of efficient movement and technique and adapt your approach to climbing.

Identifying weaknesses and addressing the mental aspects that cause a plateau, recognising that everyone comes to climbing with their own personal strengths/challenges.