

## CONNOR MCGUIRK



## QUALIFICATIONS

- Climbing Wall Instructor
- Foundation Coach
- BMC Fundamentals 1, 2
- Development Coach

## ABOUT ME

I started climbing at the Depot and quickly started exploring the Peak District.

I have fallen in love with the sport and community, become a qualified coach and found joy in learning and passing on my knowledge.

Outside of climbing, I like to unwind in my hammock, make music, slackline and learn Español!

## WHAT CAN I DO FOR YOU?

I can help you with climbing technique, understanding and taking your climbing to the next level.

Mental strength is as important as physical strength, so I will aim to build on your confidence and self belief as much as your technique.

I love slabs and slopers, but anything climbing related works for me!