



TOM HILL

Coaching Profile



I've been climbing for 18 years, during which I've found myself drawn to the movement side of climbing.

When I'm not climbing, I enjoy riding my motorbike and having spent some time as a mechanic, I love working on the bikes as much as I love riding them!

What can I do **for you?**

Bringing 17 years of coaching experience, I can help you with finding movement-based solutions, from dynamic bouldering moves to efficient sequences on routes.

Working with you to achieve your goal, we'll break it down into steps of targeted exercises that will result in higher performance and eventually, results!

Coaching **Qualifications**

- CWI - Climbing Wall Instructor
- BMC Fundamentals 1, 2 & 3
- Development Coach
- RCI - Rock Climbing Instructor
- Rock Climbing Development Instructor