

# ACCESSIBLE CLIMBING

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We provide a range of accessible climbing options for those with disabilities, special educational needs and neurodivergence to enjoy the benefits of climbing.



# How we can help to get you **climbing**

To ensure we match the right session for your climbing needs, we take a few extra steps to make sure you have a positive experience from the first contact with us.

Register Interest via  
Accessible Climbing Form



Contacted by a manager to discuss  
needs and requirements.

**i** At this point the manager might identify a suitable session for the needs of the climber and direct to the relevant session. If not, the pathway continues below.



If further support is required, a 1:1  
consultation session with an  
instructor can be arranged

**i** This session would be an investigatory session to assess integration with the centre, and test compatibility with the environment and equipment.



Paperwork completed and product  
decision agreed.

**i** The instructor or coach will discuss with the manager the most suitable product for the participant dependent on their needs and requirements.



Climbz by  
Access Sport



NICAS  
Ascend



Tailored 1:1 Session



# SESSION BREAKDOWN

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We have four session options, from tailored 1:1 sessions to nationally supported sessions in a group environment. Here you can find all the details about each session and below is how you can get in touch with us to kick start a new climbing journey.

- Complete an Accessible Climbing Interest form found on our Accessible Climbing webpage
- For individual enquiries email: [isaachilson@theclimbingdepot.com](mailto:isaachilson@theclimbingdepot.com)
- For group or school enquiries email: [adamcook@theclimbingdepot.com](mailto:adamcook@theclimbingdepot.com)

## SEND Consultation

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- Suitable for children & adults.
- Ratio 1:1 climber/coach.
- 1 hour duration
- £8 inclusive of equipment & instruction.



### Enhanced

1 Instructor : 1 Student

As the first point of contact between participants and the coaches and management team, these sessions provide a space for participants to interact with the centre and equipment, and provide feedback to the coaches about their needs.

## 1-2-1 SEND Session

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- Suitable for children & adults.
- Ratio 1:1 climber/coach as a group.
- 1 hour duration
- £11 inclusive of equipment & instruction.



### Enhanced

1 Instructor : 1 Student

Tailored to the individual needs of the climber, participants will work closely with their coach to adapt the session in a highly flexible manner. The sessions can also include the use of other schemes such as NICAS and NICAS Ascend.

# SESSION BREAKDOWN

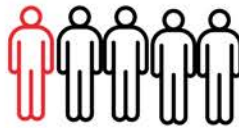
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## Climbz Access Sport

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- Suitable for children.
- Ratio 4:1 climber/coach as a group.
- 1 hour duration
- £8 inclusive of equipment & instruction.



### Enhanced

1 Instructor : 4 Student

Through their Changing Sports climbing programme, Access Sport created Climbz, a support for local climbing walls to create adapted and sustainable pan-disability climbing sessions.



## NICAS Ascend

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- Suitable for children.
- Ratio 4:1 climber/coach as a group.
- 1 hour duration
- £11 (+£9 one off NICAS registration fee) inclusive of equipment & instruction.



### Enhanced

1 Instructor : 4 Student

The National Indoor Climbing Award Scheme has been providing established structured climbing pathways to climbers across the country, and now, with development alongside Access Sport, have a dedicated pathway for disabled and neurodivergent young climbers.